## Indian Knowledge System (IKS)

Introduction

## Indian Knowledge System (IKS)

I. Why?

II. What?

III. How?

# I. IKS: WHY?

- **✓** Identity Crisis
- ✓ To Decolonize Indian Education
- **✓** Re-rooting Indian Minds in Indic Perspective
- **✓** The Core Curriculum Western Universities
- ✓ Self Help & the Deepest Questions about our Existence

# II. IKS: WHAT?

Indian Knowledge System is a collective quest of a very wide range of themes by Indians since the dawn of our civilization. Indians have been inquisitive and engaged in open-minded enquiry of issues ranging from numbers, language, planets, matter, mind, health, ecology etc. Their quest took them from the minutest particles to the grand scheme of cosmos; from consciousness to matter; from music to language; from pragmatic issues to the ultimate reality. It proposed the holistic nature of knowledge where disciplines knew no boundaries. It is the most comprehensive area of exploration by any civilization in the world.

II. IKS : WHAT?

## Indian + Knowledge + System

Bharatiya + Gyan + Parampara

## Civilizational Knowledge System

**Foundational Building Blocks** 

## Foundational Building Blocks: CKS

- Truth \* Goodness \* Beauty
- What is Truth What is true / reality / ultimate or fundamental substance
- What is Goodness What is good / ethical / beneficial / healthy
- What is Beauty beautiful / aesthetic / joy / bliss

## Western Knowledge System

**Foundational Building Blocks** 

## Richard Feynman

"If, in some cataclysm, all of scientific knowledge were to be destroyed, and only one sentence passed on to the next generation of creatures, what statement would contain the most information in the fewest words? I believe it is the atomic hypothesis that all things are made of atoms — little particles that move around in perpetual motion, attracting each other when they are a little distance apart, but repelling upon being squeezed into one another. In that one sentence, you will see, there is an enormous amount of information about the world, if just a little imagination and thinking are applied."



### Western Knowledge System

- Truth \* Goodness \* Beauty
- What is Truth Physical Reality / Objective / Material / Empirical /
   Sensory
- What is Good Appeal to your individuality / "atomic" individual
- What is Beautiful Appeal to your senses / Personal / Subjective

## Limitation of Western Knowledge System

• Definitions are vague, imperfect and imprecise

Fragmentary / Partial / Incomplete in its outlook and worldview

Diversity – Artificial or Synthetic Unity

## Indic Knowledge System

**Foundational Building Blocks** 

## Indic Knowledge System

- What is that one thing that defines IKS?
- What is that one thing if that destroys (or proven wrong) that will do the most damage to IKS ?
- What is equivalent of Feynman's atom in Indian context?

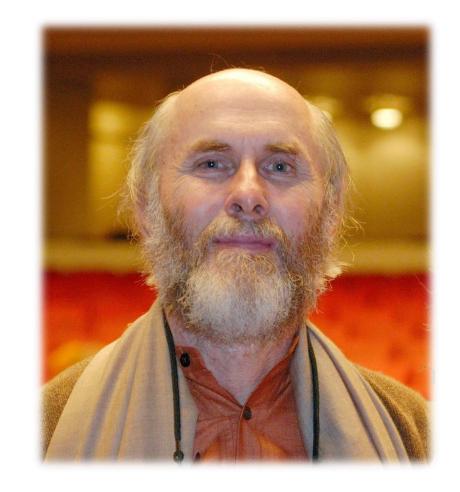
### Vishnu Sitaram Sukthankar

...Modern Scientists are interested in breaking the Atom, which we are told is a solar system in miniature, in order to release the captive energy for the exploitation of Nature. The Rsis of ancient India were interested in breaking the tangled knot of personality, which is the very cosmos in miniature in order to release the captive energy for the sublimation of Nature..."



## David Frawley

I feel that the view of consciousness, the science of consciousness, consciousness as the supreme reality, human life as a species for the evolution of consciousness, is unique to the Indian ethos. India has nurtured the culture of consciousness in all its forms without clashing with, or contradicting, the diversity of religions, philosophies, spiritual practices and lifestyles which are integrated into the culture.



# The Art and Science of CONSCIOUSNESS

## Indic Knowledge System

- Truth \* Goodness \* Beauty
- What is Truth Sat ultimate reality consciousness
- What is Good Chitta moving from tamas to rajas to sattva
- What is Beauty Ananda experiencing inner bliss "we momentarily recover the unity of our being released from individuality."

## मत् चित् आनान्द्

Sat - Chit - Anand

Truth - Consciousness - Bliss

### Fundamentals of IKS

 Every discipline of IKS takes us back to the original source of intelligence which is nothing but pure consciousness.

Our Original Nature – Divine

 Holistic – Integrated – Unity to Diversity मत् चित् आनान्द्

Sat - Chit - Anand

Truth - Consciousness - Bliss

#### Utsava:

urge to raise our consciousness to higher and higher levels.

Example: Utsava vs Festival

## Indian Intellectual Tradition – Multidisciplinary Words

#### Brahman - 'brhat'

- Sabdabrahman Langauge
- Nadabrahman Music
- Brahmasthana Architecture
- Brahmavithi Town Planning
- Brahmanadi Ayurveda
- Brahmabindu Geometry

#### Purusha - 'pur'

- Vastupurusha Architecture
- Kavyapurusha Literature
- Prabhanda Purusha Music
- Sangitpurusha Music
- Purushartha Ethics
- Ayudhapurusa Sculpture

# First Ever Texts on Major Themes

India's Contribution to the World

## First Ever Texts on Major Themes

- Logic Nyaya Shastra
- Grammar Panini Ashtadhyayi
- Semantics Bhartṛhari's Vākyapadīya
- Ethics Nitishastra
- Sociology Dharmashastra
- Theatre The Natyashastra.
- Economy The Arthashastra.
- Manual on health Charak Samhita,
- Surgery Susruta Samhita
- Art and Craft Shilpashastra,
- Architecture Vastushastra
- Music Sangeet Shastra.
- Physics Vaisesika

#### Kalaripayattu - Arguably 'The Mother Of All Martial Arts'

Posted by Jayesh Amrawat - July 12, 2019



IntroductionAncient India was very advanced in almost each and every field, let it be - science, maths, literature, astronomy, music, art and craft or fighting or self-defence techniques (Yudhakala or Yudhashastra).

Here, let us focus on the fighting techniques or Yudhshastra or Yudhakala. Whenever we listen about or watch movies or TV series, and we come across martial arts or more popularly Kuns ...

#### How Madhava Derived Sine and Cosine Series Centuries Before Newton and Euler Did

Posted by Jayesh Amrawat - June 18, 2020



Who Was Madhava? Madhava, popularly known as - Madhava of Sangama-grama, was a great astronomer and one of the greatest mathematicians of the Fourteenth Century AD. He belonged to Kerala and is credited for the establishment of Kerala School of Astronomy and Mathematics. It is quite unfortunate that many of his works have failed to survive, but whatever his mathematical contributions we know about have been sourced by means of the quotations in ...

8 comments

**READ MORE** 

Location: India

#### Sushruta - The "Founding Father" of Surgery

Posted by Jayesh Amrawat - April 02, 2020



The history of medicine in India is very fascinating and enriching. Almost everyone has accepted the power of Ayurveda and not to forget, the art of YOGA - India's contribution to the field of health and well-being to the world is receiving words of appreciation from different parts of the world.

Dr Ram Sharma 25

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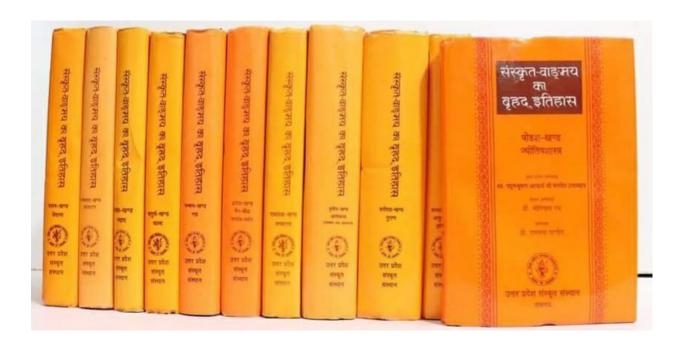
## Indian – Knowledge-Centric Civilization

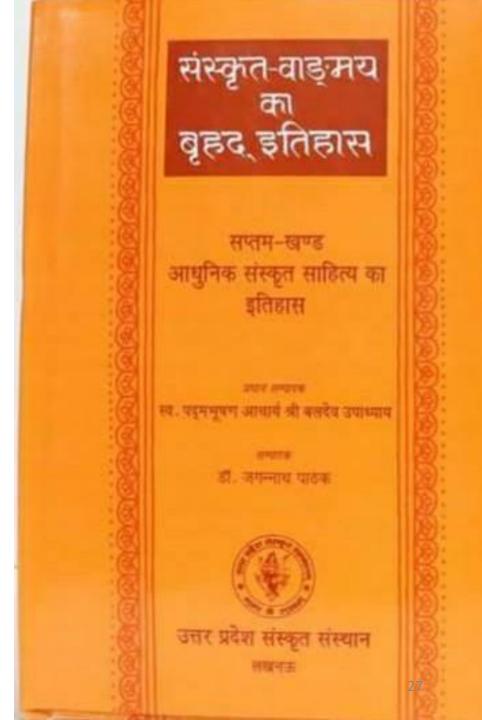
- The World's Largest Collection of Manuscripts
  - It is estimated that the manuscript wealth of India is of the order of 3.5 million, of which about 1 million are in collection which have been catalogued.
- At 1.8 million words, the Mahabharata is one of the largest epics – roughly 10 times the size of the Iliad and Odyssey combined.
- Tradition of Text, Thinkers and Schools in so many domains



MS 5297 Suryaprajnapti Sutra; astronomy. India, ca. 1500

## Indian Knowledge System



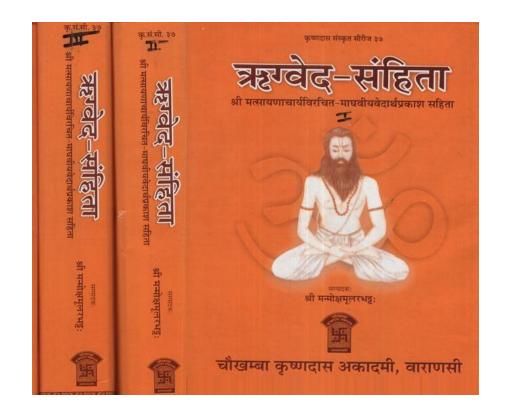


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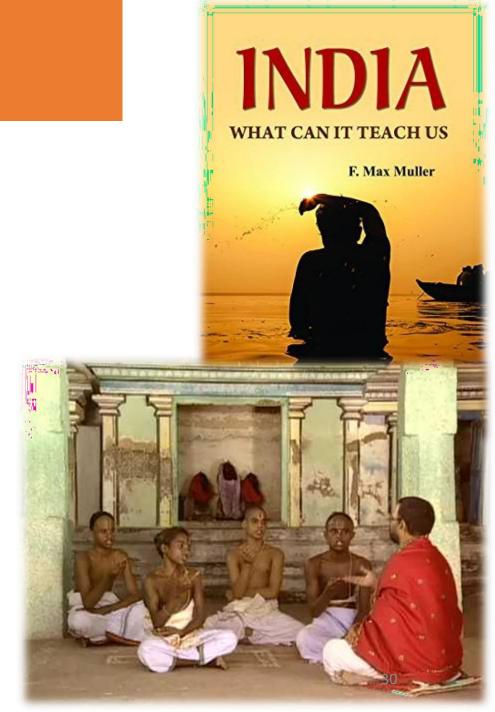
## Flawless Continuity of Knowledge Tradition

• Thus, the *Rgveda* has come down intact, with not a sound in dispute, over virtually 5000 years while Shakespeare's plays that were in fact printed in their time have many textual problems in only 500 years.



## Max Muller: Srotriyas as "Living Libraries"

 "This may sound startling, but what will sound more startling, and yet is a fact that can be easily ascertained . . . at the present moment, if every MS of the Rgveda was lost, we should be able to recover the whole of it — from the memory of the **Srotriyas** in India. . . . Here then we are not dealing with theories, but with facts, which - anybody may verify. The whole of the Rgveda, and a great deal exists at the present moment in the oral tradition. . . "

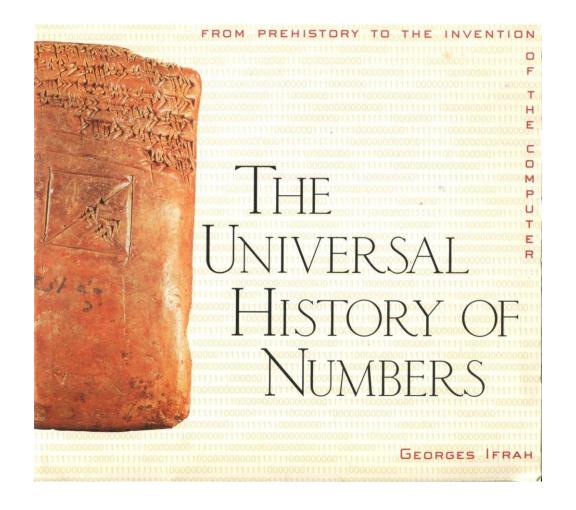


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# Few Interesting Examples of IKS

## India's tryst with Infinity

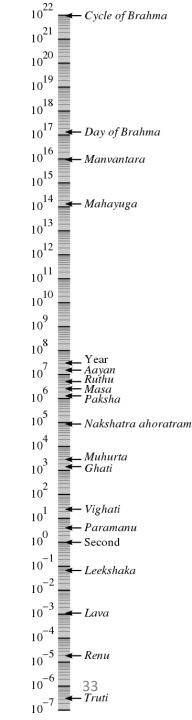
The Smallest and Largest Numbers, ever conceived in any civilization.



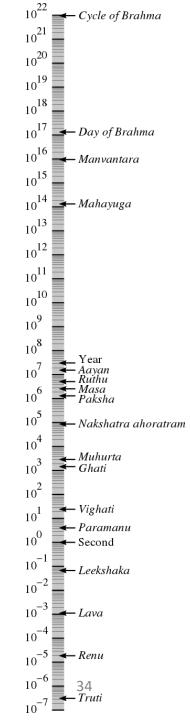
- •<u>lakṣá</u> (লक्ष) —10⁵
- •kōti (कोटि) —10<sup>7</sup>
- •ayuta (अयुत) —109
- •niyuta (टियुत्) —10<sup>13</sup>
- •pakoti (पकोटि) —10<sup>14</sup>
- •vivara (टििारा) —10<sup>15</sup>
- •kshobhya (क्षीभ्या) —10<sup>17</sup>
- •vivaha (टििाहा) —10<sup>19</sup>
- •kotippakoti (कोटिपकोिी) —10<sup>21</sup>
- •bahula (बहुल) —10<sup>23</sup>
- •nagabala (िागाबाला) —10<sup>25</sup>
- •nahuta (িা ह ি া) 10<sup>28</sup>
- •titlambha (तीतलम्भा) —10<sup>29</sup>
- •vyavasthanapajnapati (व्यिस्थािापन्नापटत) 10<sup>31</sup>
- •hetuhila (हेतुहीला) —10<sup>33</sup>
- •ninnahuta (टिन्नाहुता) —10<sup>35</sup>
- •hetvindriya (हेर्त्वित्विय) —10<sup>37</sup>
- •samaptalambha (समाप्तलम्भ) —10<sup>39</sup>

- •gananagati (गािागती) —10<sup>41</sup>
- •akkhobini (अक्खोटबटि) —10<sup>42</sup>
- •niravadya (टिरािाद्य) —10<sup>43</sup>
- •mudrabala (मुद्राबाला) —10<sup>45</sup>
- •sarvabala (सिवबाला) —10<sup>47</sup>
- •bindu (टबिंदु or टबन्दु) —1049
- •sarvajna (सि व ज्ञ ) —10<sup>51</sup>
- •vibhutangama (टिभुतनामा) —10<sup>53</sup>
- •abbuda (अब्बुद) —10<sup>56</sup>
- •nirabbuda (टिबुवद्ध) —10<sup>63</sup>
- •ahaha (अहाहा) —10<sup>70</sup>
- •ababa (अबाबा). —10<sup>77</sup>
- •atata (ঝিািা) —10<sup>84</sup>
- •soganghika (सोगान्धीक) —10<sup>91</sup>
- •uppala (उप्पल) —10<sup>98</sup>
- •kumuda (कु मुद) —10<sup>105</sup>
- •pundarika (पुन्डरीक) —10<sup>112</sup>
- •paduma (पद्म) —10<sup>119</sup>
- •kathana (कथि) —10<sup>126</sup>
- •mahakathana (महाकथि) —10<sup>133</sup>

Dr Rm**asam khyeya** (असिंख्येय) —10<sup>140</sup>



- •dhvajagranishamani (ध्वजाग्रटिशमी) —10421
- bodhisattva (बोटिस or बोटिसत) —1037218383881977644441306597687849648128
- •lalitavistarautra (लटलतातुलातारासूत्र) —10200 infinities
- matsya (मत्स्य) —10600 infinities
- <u>kurma</u> (कू मव) —10<sup>2000</sup>infinities
- •<u>varaha</u>(िराह) —10<sup>3600</sup>infinities
- •<u>narasimha</u> (िर्टसम्हा) —10<sup>4800</sup>infinities
- •<u>vamana</u>(िामि) —10<sup>5800</sup>infinities
- <u>parashurama</u> (परशुराम) —106000 infinities
- •<u>rama</u>(राम) —10<sup>6800</sup>infinities
- •khrishnaraja (खुष्णराज) —10infinities
- <u>kalki</u> (कत्वे) —10<sup>8000</sup>infinities
- balarama (बलराम) —109800 infinities
- •<u>dasavatara</u>(दशाितार) —10¹0000infinities
- •bhagavatapurana (भागितपुराण) —10<sup>18000</sup>infinities
- •avatamsakasutra (अितािंशकासूत्र) —1030000infinities
- •mahadeva (महादेि) —10<sup>50000</sup>infinities
- <u>prajapati</u> (प्रजापटत) —10<sup>60000</sup>infinities
- •<u>iyotiba</u> (ज्योटतबा) —10<sup>80000</sup>infinities
- parvati (पािवती) 10<sup>2000000000</sup> infinities
- paro (पॅरो) 10<sup>40000000000000000</sup> infinities



### **Smallest Numbers**

- 8 Paramāņu = 1 Rathadhūli, chariot-dust
- 8 Rathadhūli = 1 Vālāgra, hair-end
- 8 Vālāgra = 1 Likṣā, nit,
- 8 Likṣā = 1 Yūka, louse
- 8 Yūka = 1 Yava, barley-corn,
- 8 Yava = 1 Angula, digit (finger-breadth),
- 12 Angula = 1 Vitasti, span,
- 2 Vitasti (24 angulas) = 1 Kişku, cubit,
- 4 Dhanurmuşţi (26 aṅgulas) = 1 Daṇḍa, rod,
- 8 Danda = 1 Rajju, rope

• Paramāṇu (द्रोणी, "atom") is the Sanskrit name for a unit of measurement, used in Vāstuśāstra literature, according to the Mānasāra II.40-53. A single Paramāṇu unit corresponds to the smalles unit possible. It takes 8 Paramāṇu units to make a single Rathadhūli unit.

## Speed of Light

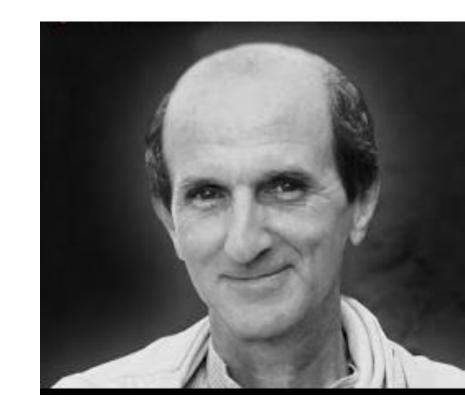
• In a hymn addressed to the sun, he says that it is "remembered that the sun traverses 2,202 yojanas in half a nimesha."

• 1 nimesha to be equal to 16/75.3 seconds; 1 yojana is about 9 miles.

• **Substituting** in Sayana's statement we get 186,536 miles per second. Unbelievable, you'd say!

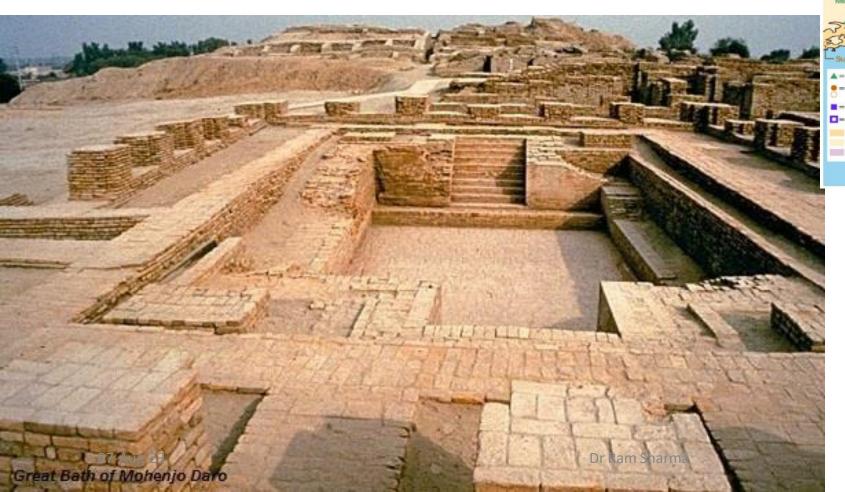
SPEED LIMIT 186,282 miles per second The Quest for the infinite was by no means exclusive to India; rooted deep down in the human being, it has surfaced in every civilization. But nowhere was it so systematic, daring, methodical, allembracing.

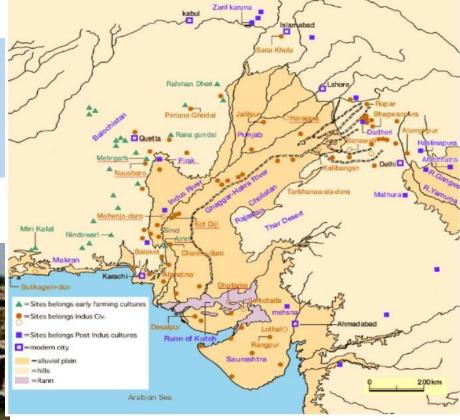
India's Scientific Mind :
 A Quest for Infinity



#### Michel Danino

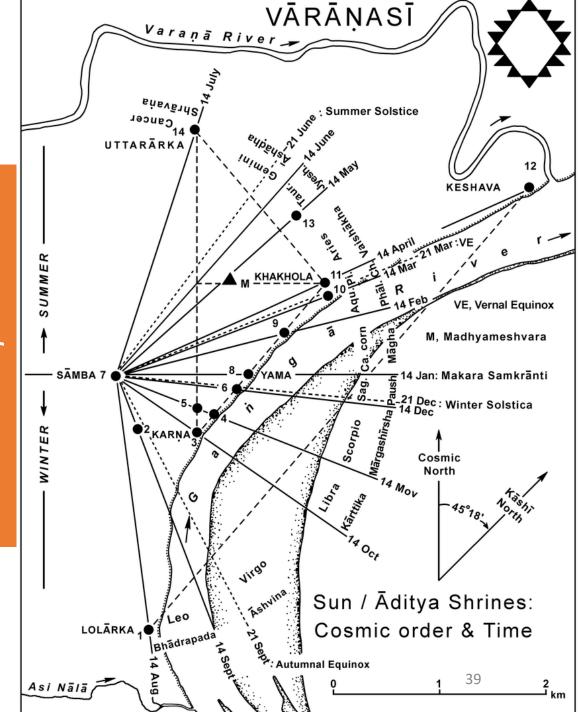
## Great Achievements of India





The Indus-Sarasvati
Civilization was the world's
first to build planned towns,
with underground drainage,
civil sanitation, hydraulic
engineering, and air-cooling
architecture.
38

Shrines to 14 Adityas in an array of sunbeam-like alignments pointing to precise directions for the sunset at different times of the year.



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### Great Achievements of India



# LITTLE KNOWN HISTORY OF INDIA'S WOOTZ STEEL



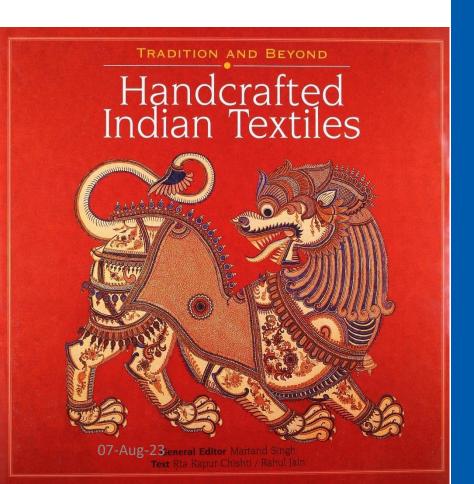
DISCOVER THE UNTOLD HISTORY OF AN ADVANCED MATERIAL OF ANCIENT INDIA

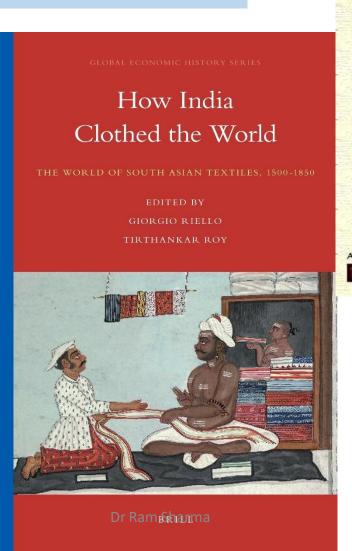


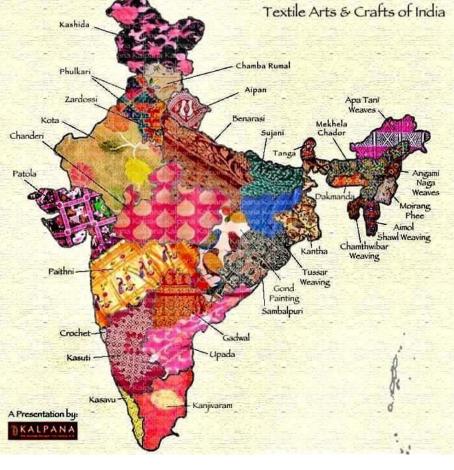
In the mid-first millennium BC, the Indian wootz steel was very popular in the Persian courts for making swords. The British sent teams to India to analyze the metallurgical processes that were later appropriated by Britain.

07-Aug-23 Dr Ram Sharma

## Great Achievements of India







India's textile exports were legendary. Roman archives contain official complaints about massive cash drainage because of imports of fine Indian textiles.

# Largest Irrigated Area in the World

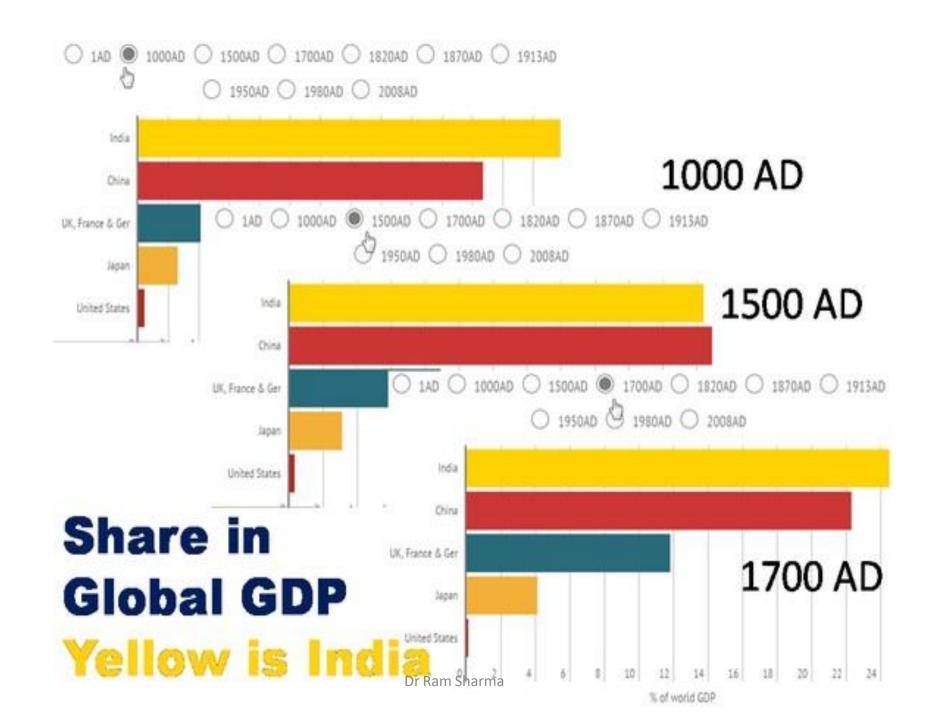
Indian people and kings have always followed the advice of Ramayana and Mahabharata. In every period of Indian history, great kings of India have constructed great irrigation works. The legendary Karikala Chola of the Sangam period constructed Kallanai, the grand anicut, at the point where the river Kollidam branches off from Kaveri. The anicut is the life-line of the rich and fertile Kaveri valley even today. According to an inscription of 1st Century AD, the Saka Rudradaman of Junagarh got the vast Sudarsana Lake near Girnar repaired; the Lake is known to have been constructed by the Mauryas. Similar examples can be gleaned from

all parts of India throughout Indian history.

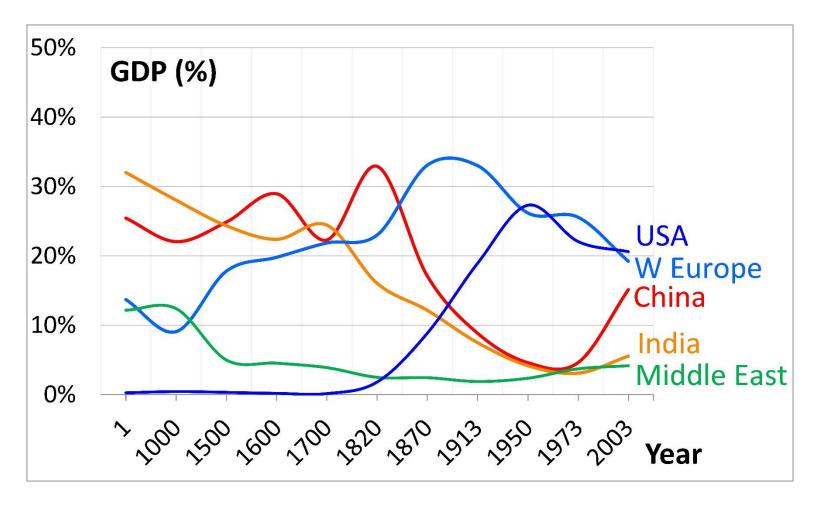
Even today India is the most irrigated region in the world. India has the largest irrigated area, and enough irrigation potential to double it.

Country (1998)	Irrigated Area in million hectares
World	271.4
India	59.0
China	52.6
USA	21.4
Europe	17.1

# Indian Economy



## India's share in world GDP



# III. IKS: How?

# Case I

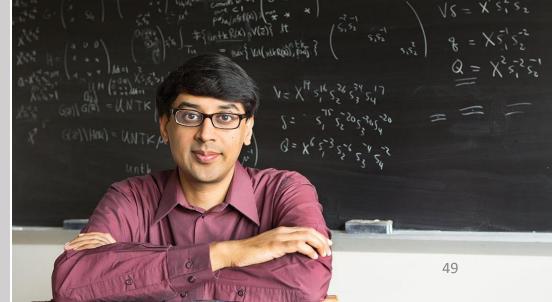


# Manjul Bhargava

# Manjul Bhargava

(Princeton University mathematician and 2014 Fields Medallist)

"Students in India should be taught about the great ancient Indian mathematicians like Panini, Pingala, Hemchandra, Aryabhata and Bhaskara. Their stories and works inspired me, and I think they would inspires students across India. Many of these works were written in Indian languages in beautiful poetry, and contain important breakthroughs in the history of mathematics."



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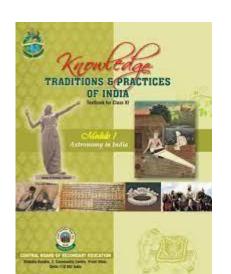
# Case II

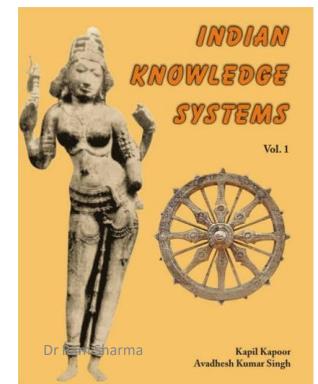
• JNU: India's Intellectual Tradition

# Dr Kapil Kapoor

• Indian Knowledge System (Two Volumes )

• NCERT – KTPI







# Case III.

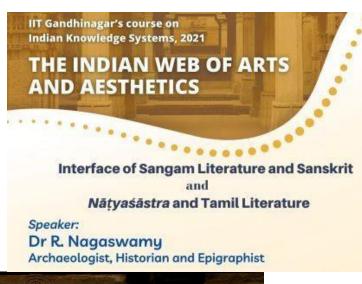
## Michel Danino: IKS



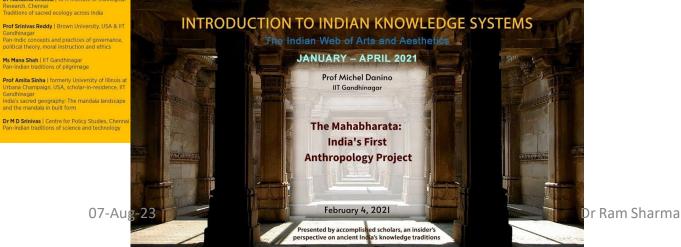
Traditions of sacred ecology across India

Ms Mana Shah | IIT Gandhinagar Pan-Indian traditions of pilgrimage

and the mandala in built form







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# Case IV

## Centre for Indic Studies @ Indus University





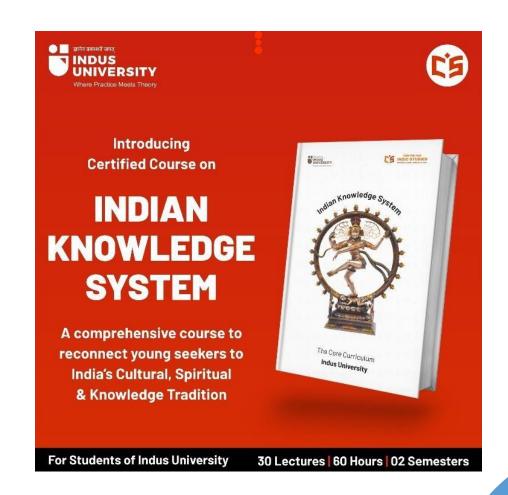
### IKS – Core Curriculum

#### Course Highlights:

- Ayurveda
- Women in India
- State and Society
- Education in India
- Temple Architecture
- Indian Business Model
- Indian Arts & Aesthetics
- Indian Theory of Emotion

- Sacred Geography of India
- Indus-Sarasvati Civilization
- Pramāṇa: Ways of Knowing
- Indian Language & Literature
- Dharma: The Essence of India
- Indian Science & Technology
- The Six Schools of Philosophy

...and many more topics



#### Integrating Indic wisdom in all

## **ACADEMIC DISCIPLINE**





**Indian Aesthetics** in Design Institute

Indic Architecture in Architecture School

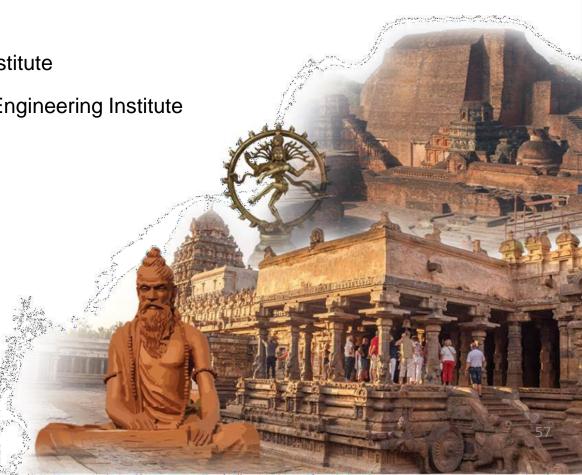
Indian Business Models in Management Institute

History of Indian Science & Technology in Engineering Institute

IKS Core Curriculum for all Institutes

**Dharmic Ethic & Values for all Institutes** 

Indian Knowledge System is the most comprehensive, cumulative and continuous knowledge system of the world.



IKS: How?

New Ideas and Innovations come from original thinking not through borrowed frameworks.



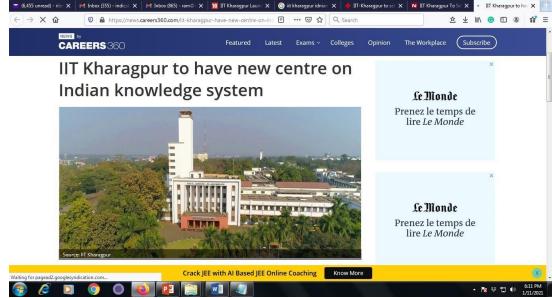
## National Education Policy 2020

Ministry of Human Resource Development

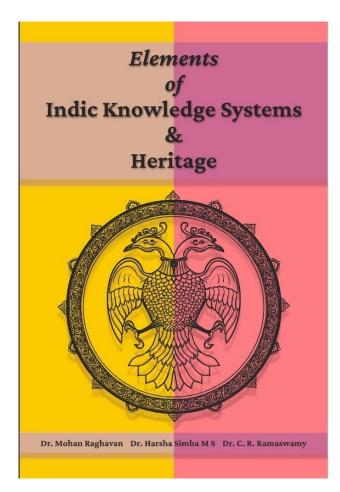
Government of India

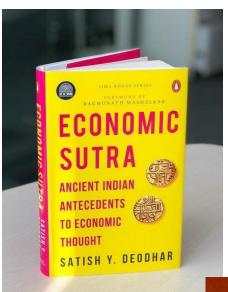
# Indian Knowledge System is becoming an integral part of Education

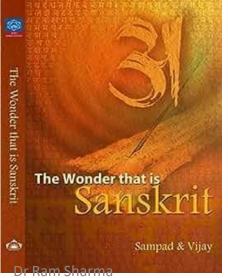


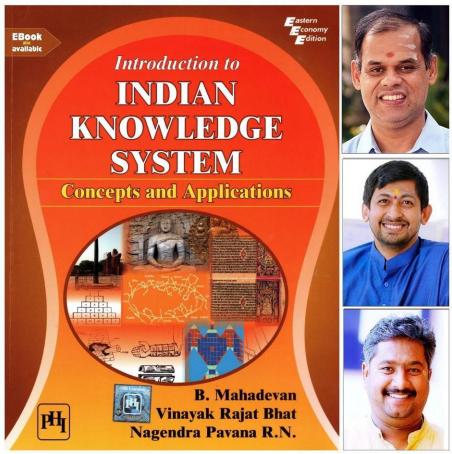


## **IKS Books**









07-Aug-23

# Teaching IKS to Indians are paying our Rishi Rina (茅尼 茅町)

Start from your own expertise!

# Importance of IKS

## In this Presentation:

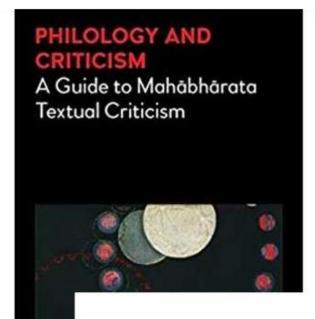
I. The Crisis in the Humanities

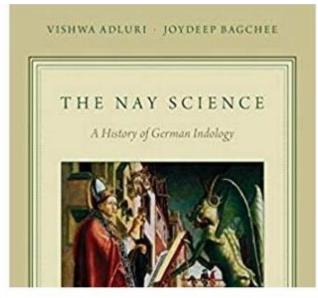
II. Where Scientific Studies are Headed?

III. Indic Minds & Western Thinkers: Important Conversations

IV. Indic Insights and Latest Scientific Discoveries

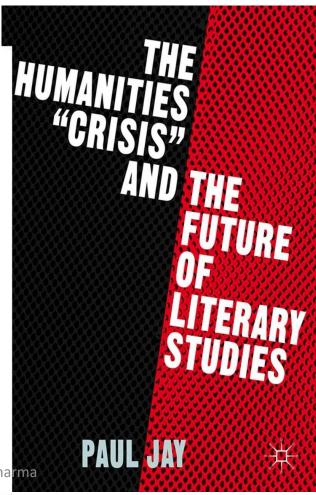
### The Crisis in the Humanities

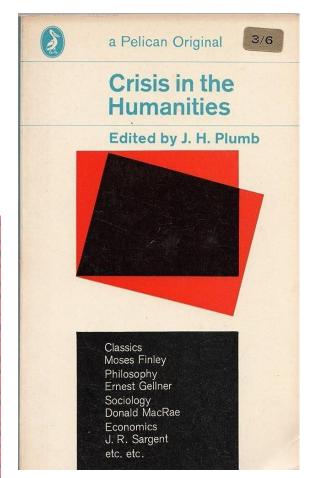




Indology and the Crisis in the Humanities

In Adluri and Bagchee's confrontation with Indology, the issue tends to be the extent to which this discipline has operated either according to no principles at all, or according to those it would not wish to acknowledge openly, such as Christian evangelism, racial theory or assi-semitic biblical criticism.

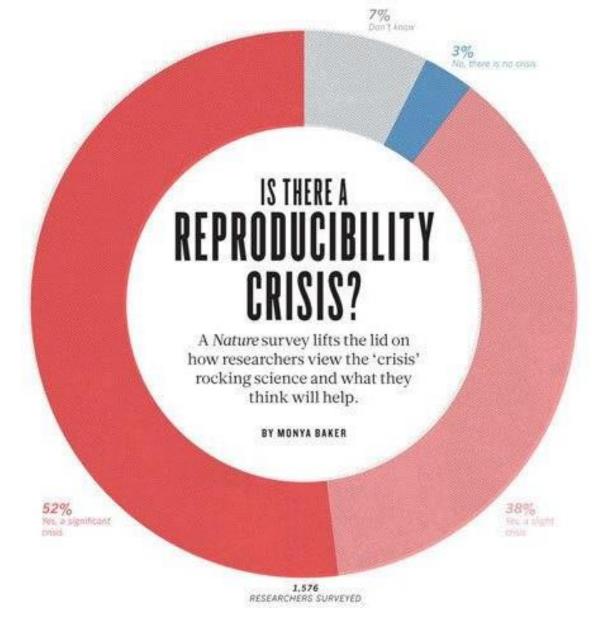




1,500 scientis ts lift

https://www.naure.com/articles/583452a

08-Aug-23



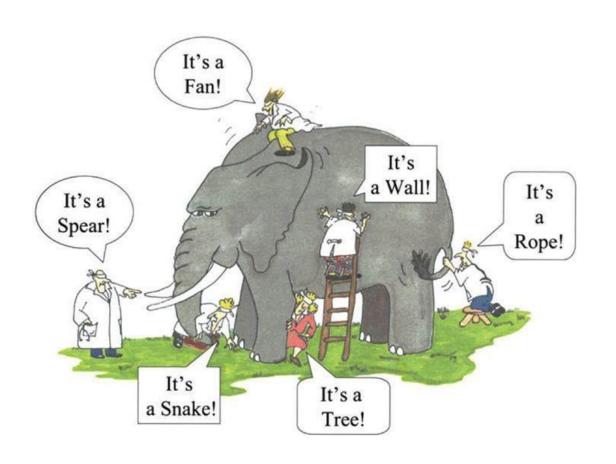
On Dr Ram Sharma

# Meaning is the "Holy Grail" Ray Jackendoff

"Meaning is the 'holy grail' not only of linguistics, but also of philosophy, psychology, and neuroscience—not to mention more distant domains such as cultural and literary theory. Understanding how we mean and how we think is a vital issue for our intuitive sense of ourselves as human beings. For most people, meaning is intuitively the central issue in the study of language—far more important than understanding details of word order or morphology". Dr Ram Sharma



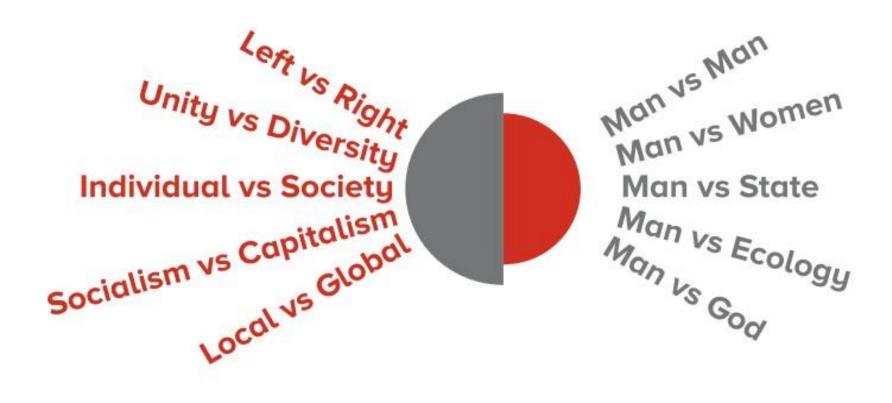
# Multi-Valued Logic







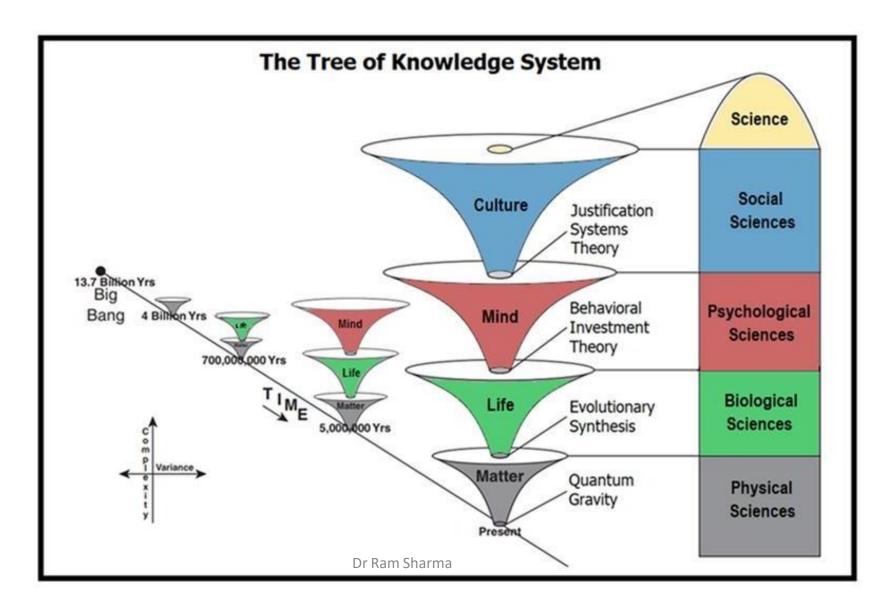
#### **Western Conflicting Models**





# Where Modern Studies are headed?

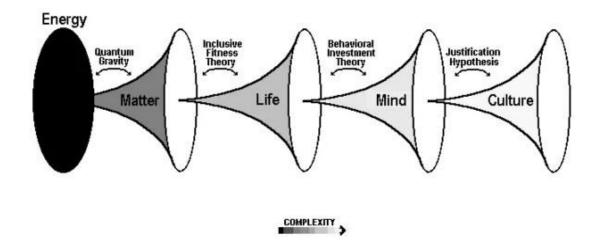
## Western Framework



### Western Framework

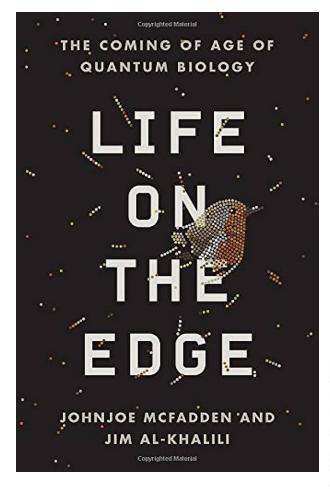
## Figure 4 Tree of Knowledge

FIVE ESSENCES LINKED BY FOUR JOINT-POINTS: A Five Factor Analysis of Variance Solution to the Problem of Knowlege



Gregg Henriques 02/02/2001

#### The Three Strata of Reality



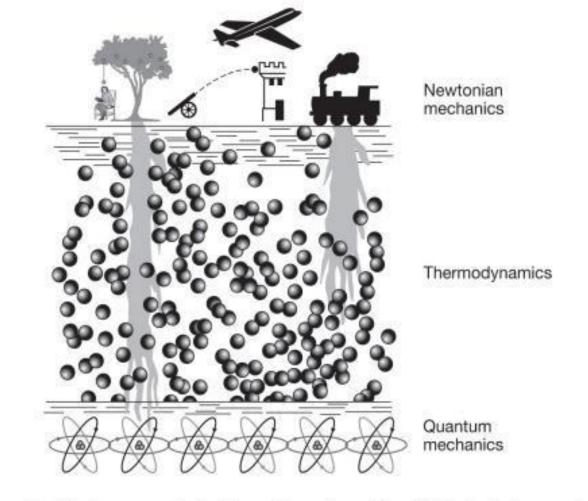
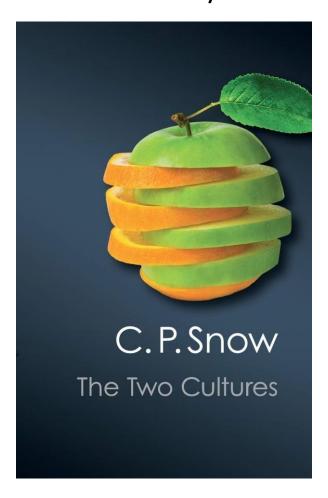
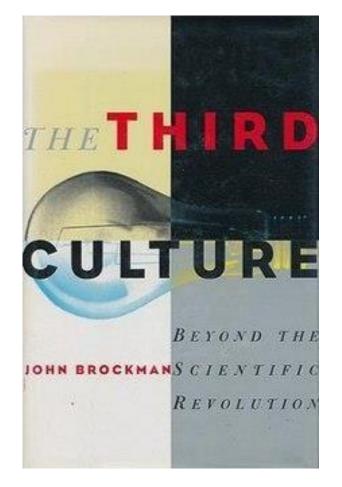


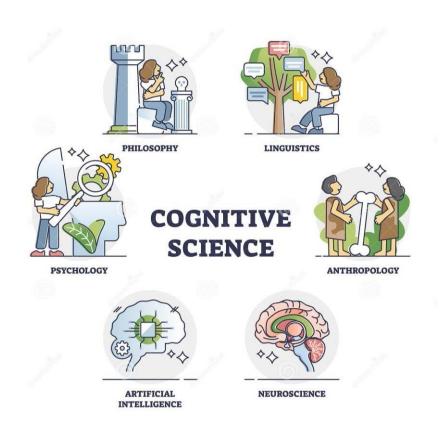
Figure 10.1: The three strata of reality. The top layer is the visible world, filled with objects such as falling apples, cannonballs, steam trains and airplanes, whose motions are described by Newtonian mechanics. Lying beneath is the thermodynamic layer of billiard-ball-like particles whose motion is almost entirely random. This layer is responsible for generating the "order from disorder" laws that govern the behavior of objects such as steam engines. The next layer down is the layer of fundamental particles ruled by orderly quantum laws. The visible features of most of the objects that we see around us appear to be rooted in either the Newtonian or thermodynamic layers but living organisms have roots that penetrate right down to the quantum bedrock of reality.

# $10^{10}$ $10^{$





## 'Cognitive Science' Revolution



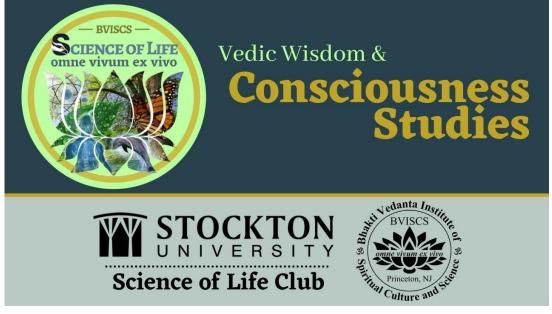


Indic Studies is all about cognitive studies — perception, cognition, consciousness are at the foundation of any art and science in India

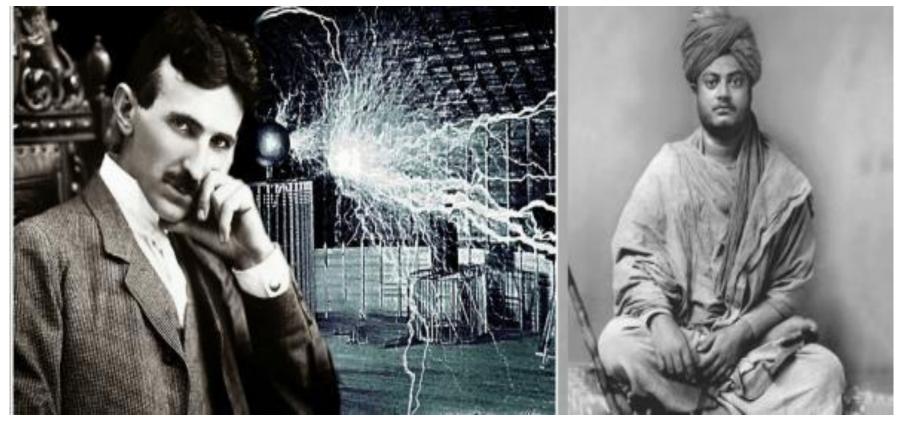
#### Next Frontier: Consciousness Studies



Science of : Complexity / Intelligence / Knowing



# The Most Important Conversation between Indic Studies & Western Thinkers



Nikola Tesla & Swami Vivekananda

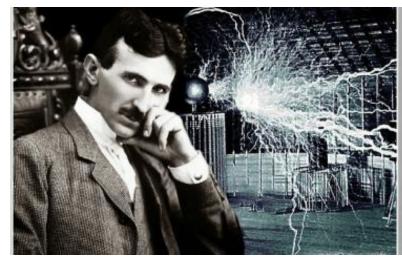
### Vivekananda (letter dated February 13, 1896):

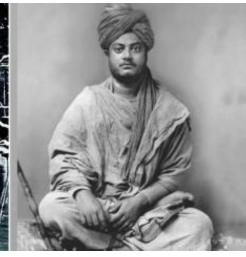
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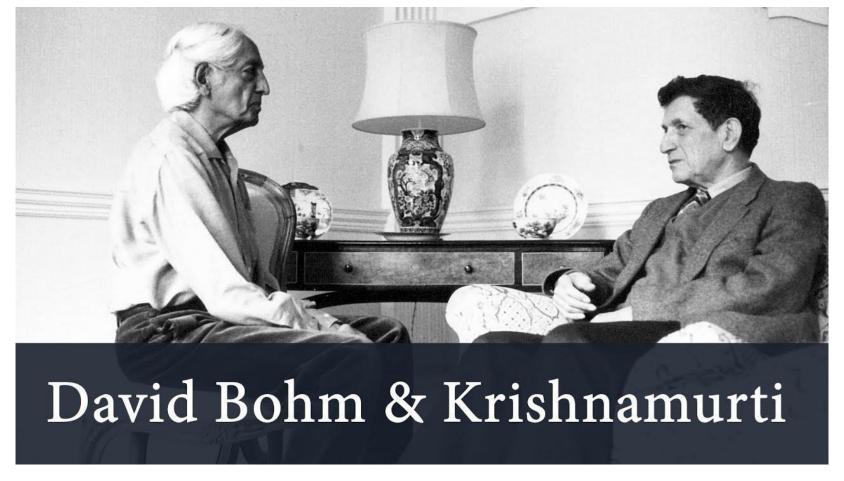
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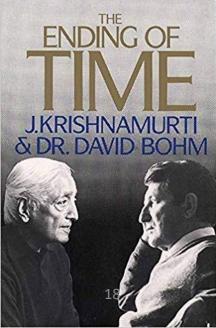
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#### SCIECNE meets INDIC STUDIES





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EINSTEIN: Do you believe in the Divine as isolated from the world?

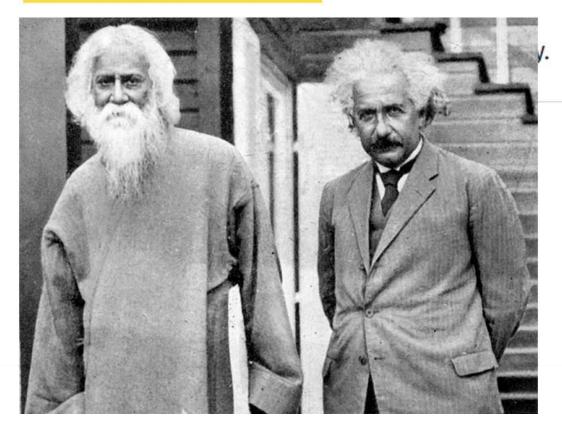
TAGORE: Not isolated. The infinite personality of Man comprehends the Universe. There cannot be anything that cannot be subsumed by the human personality, and this proves that the Truth of the Universe is human Truth.

[....]

EINSTEIN: Then I am more religious than you are!

TAGORE: My religion is in the reconciliation of the Super-personal Man, the universal human spirit, in my own individual being.

## When Einstein Met Tagore: A Remarkable Meeting of Minds on the Edge of Science and Spirituality





https://www.themarginalian.org/2012/04/27/when-einstein-met-tagore/

## The Science of Creative Intelligence Dialogues with prominent thinkers of the West

By 1971, the Maharishi had completed 13 world tours, visited 50 countries, and held a press conference with American inventor Buckminster Fuller at his first International Symposium on SCI at the University of Massachusetts in Amherst, Massachusetts. From 1970 to 1973, about 10,000 people attended the Maharishi sponsored symposia on his modern interpretation of Vedanta philosophy called Science of Creative Intelligence. During these conferences, held at universities, the Maharishi spoke with "leading thinkers" of the day such as Hans Selye,





Buckminster Fuller – Fuller in 1972 • Fuller in c. 1910





Hans Selye – Selye in the 1970s • Bust of Hans Selye at Selye János University, Komárno, Slovakia



Marshall McLuhan, and Jonas Salk.



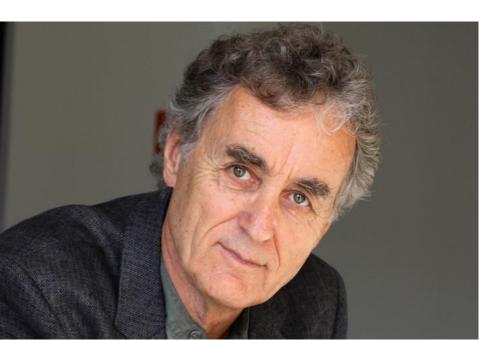
Marshall McLuhan – McLuhan in 1945



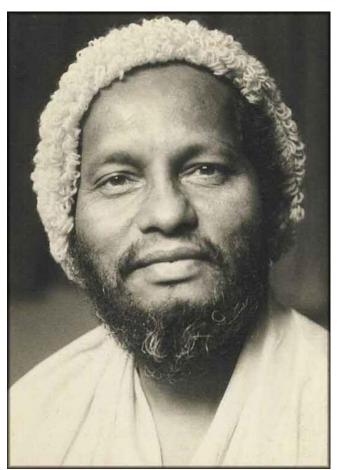


Jonas Salk – Jonas Salk at Copenhagen Airport (May 1959) • President Franklin D. Roosevelt meeting with ...

#### Swami Muktananda



Fritjof Capra
Austrian-American physicist

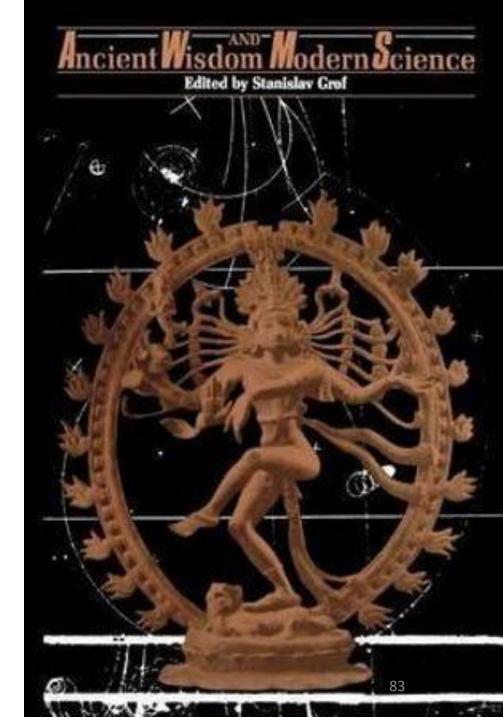


Stanislav & Christina Grof (Transpersonal Psychologist)

Dr Ram Sharma

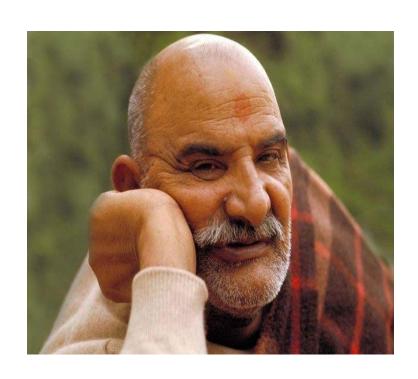
#### Contents

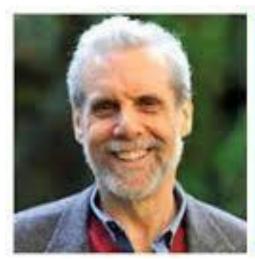
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2 The Transpersonal Perspective Frances Vaughan	24
Part II Ancient Spiritual Traditions	
3 Understanding Your Own Mind Swami Muktananda	35

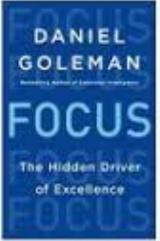


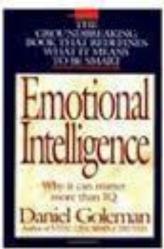
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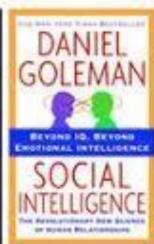
## Daniel Goleman

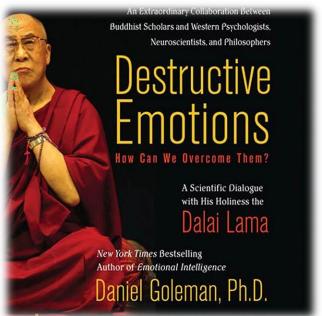


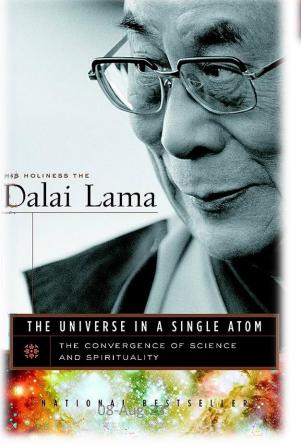


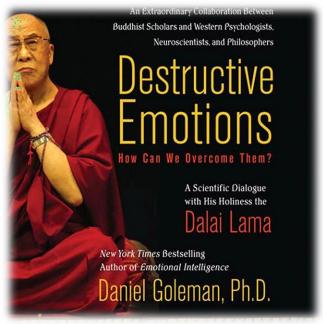


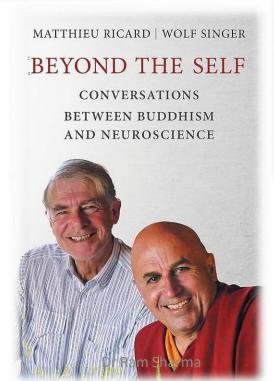












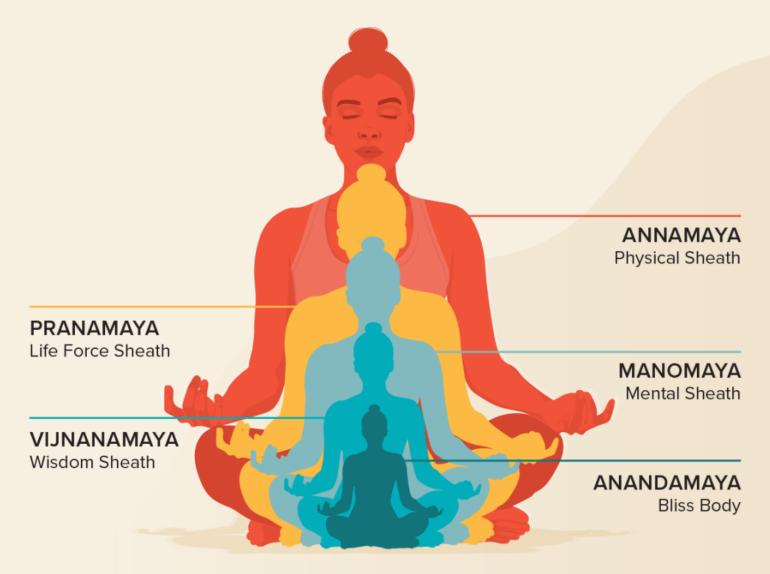
## Dalai Lama and Neuroscientists



# Five Levels of VEDIC Sciences

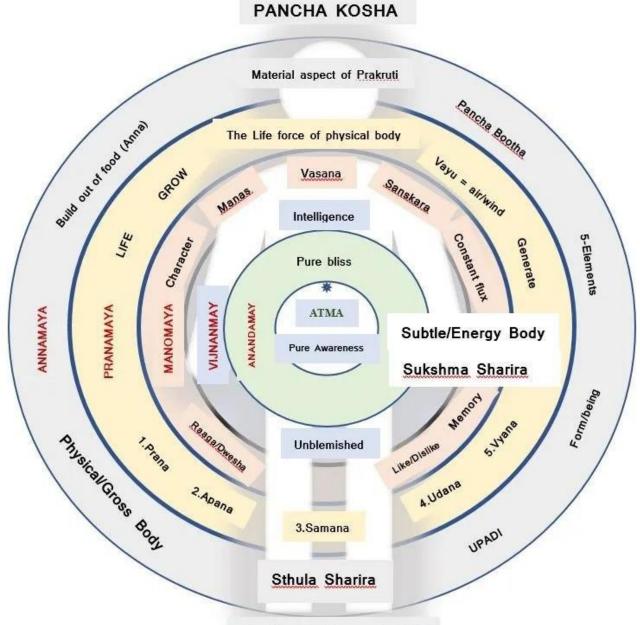
## Indic Framework : Pancha Kosha

#### THE 5 KOSHAS



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### Indic Framework : Pancha Kosha



08-Aug-23 Dr Ram Sharma https://sanatanadhara.com/rebirth/

### Five Elements

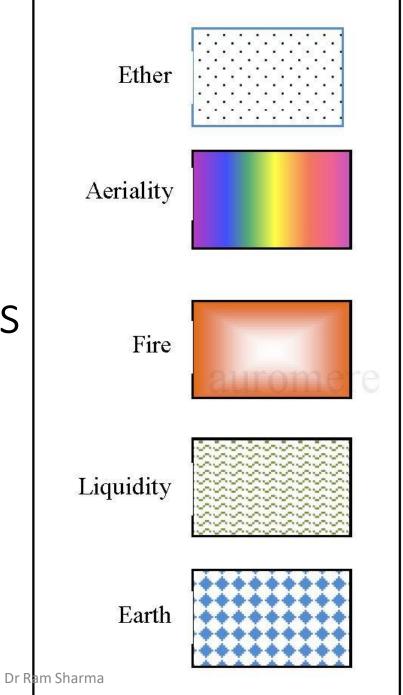


### Hierarchy or Levels of Elements

From this same self, 'ether' has arisen; from 'ether', 'air'; from 'air', 'fire'; from 'fire', 'water'; from 'water', 'earth'.

- Taittiriya Upanisad





## Five Qualities

#### **Five Elements**

Traditional element

'Earth'

'Water'

'Fire'

'Air'

'Ether'

A modern interpretation

Matter

Energy

Information

Conditioning

Continuity

Level of modern physics

Material objects

Changing configuration

Relative observations

**Conditioned fields** 

Space time continuum

#### Kinds of Information Processing

#### Examples

Inanimate Processing





Thermostat, Computer

Biological Processing





Living Organisms

Neural Processing





Animals

Processing Internal Representations





Birds, Mammals

#### Indic Framework:

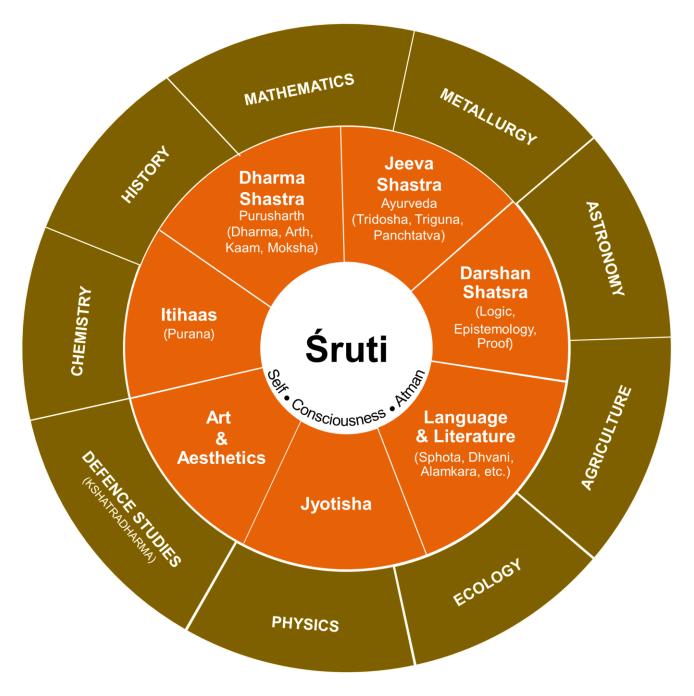
#### **Five Levels of Experience**

Appearance of reality	Perceiving instrument	Examining disciplines	Level of physics	
Pieces of matter	Physical body	Physical sciences	Material objects	
Patterns of energy	Living organism	Biological sciences	Transforming configurations	
Meaningful information	Conceiving intellect	Cultural sciences	Relative descriptions	
Conditioned character	Intuitive judgement	Psychological science	Field conditioning	
Continuing existence	Reflective reason	Philosophical enquiry	Space-time continuum	

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## IKS FRAMEWORK

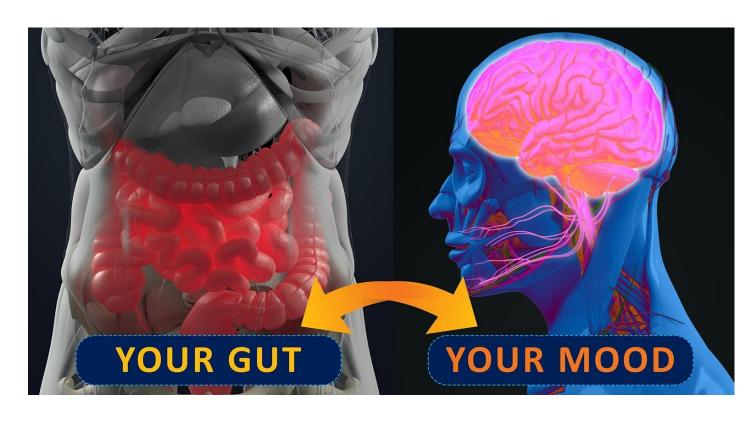
Itihaas vs History Manas vs Mind Loka vs Planet Bhava vs Mood

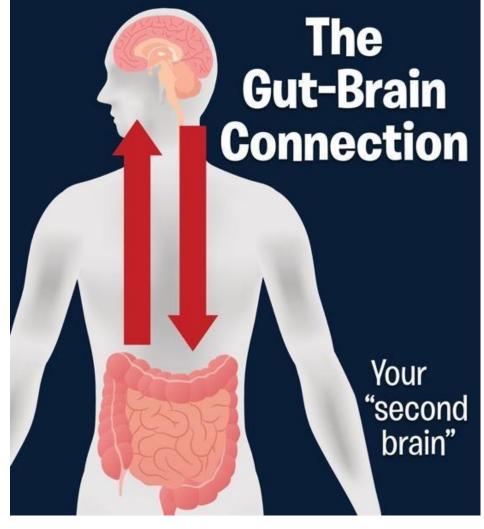


## TEN Examples

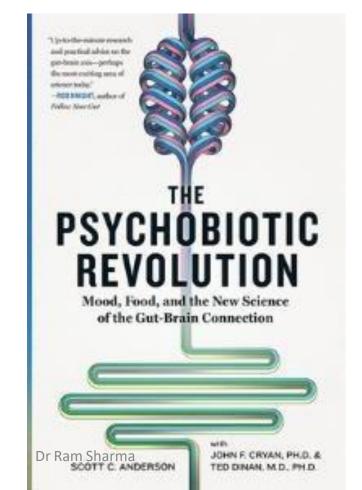
Indic Insights and Latest Scientific Discoveries

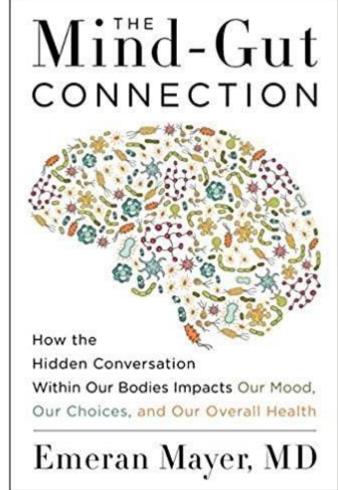
## 1. How food affects your MIND and MOOD?





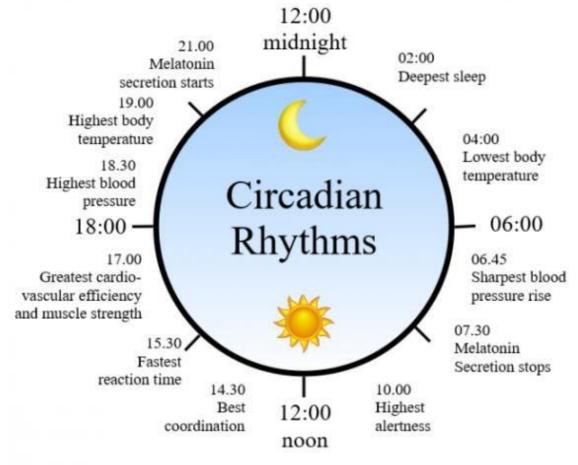
## How food affects your MIND and MOOD?



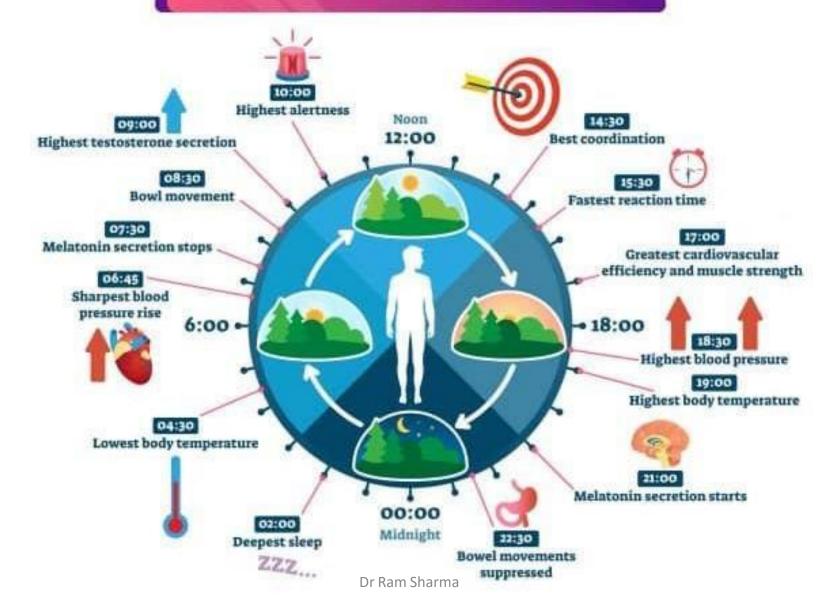


## 2. Circadian Rhythms

Circadian rhythms are physical, mental, and behavioral changes that follow a 24-hour cycle. These natural processes respond primarily to light and dark and affect most living things, including animals, plants, and microbes. Chronobiology is the study of circadian rhythms.

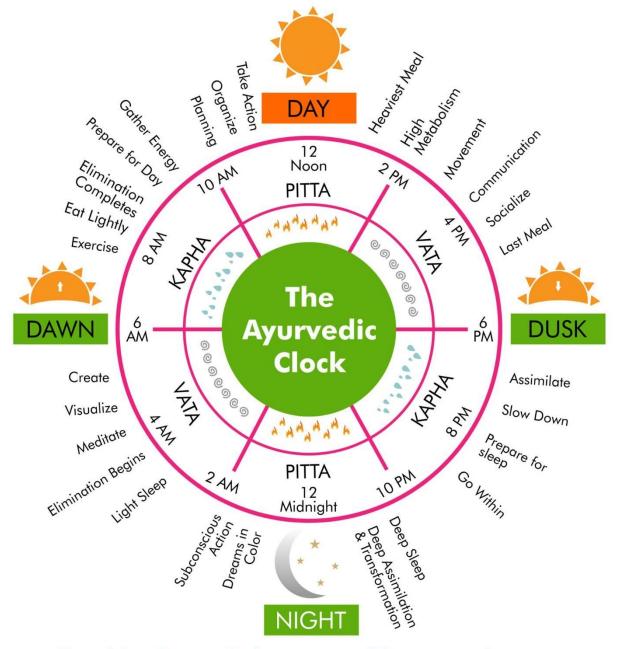


## CIRCADIAN RHYTHM



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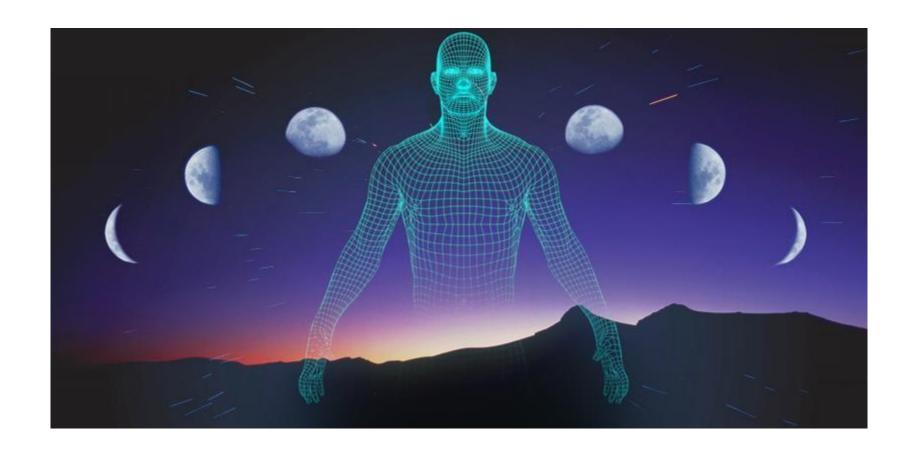


## SUN & Digestive Fire (Jatharagni)





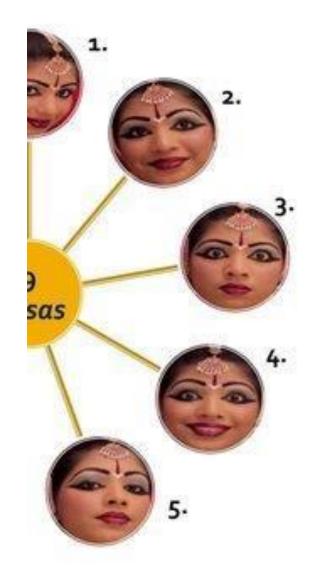
## 3. MOON & MIND connection





# 4. Emotional Intelligence





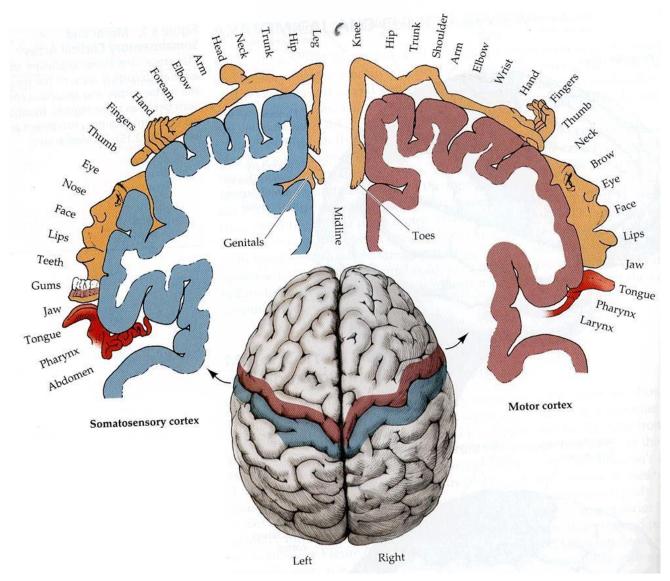
#### Navarasas (Nine Rasas)

- 1. Sringaram (Erotic)
- 2. Hasyam (Comic)
- 3. Raudram (Rage)
- 4. Adbhutam (Marvellous)
- 5. Veeram (Heroic)
- 6. Bibhatsam (Odious)
- 7. Bhayanakam (Terror)
- 8. Karunayam (Pathos)
- 9. Santam (Peace)

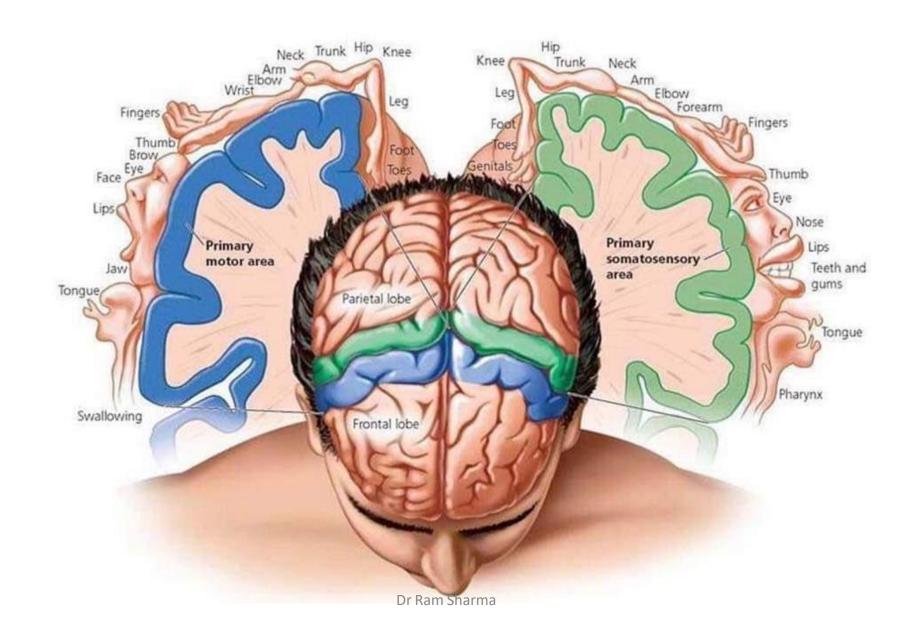
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## 5. Brain-Homunculusor-Little-Man

## The Body Map

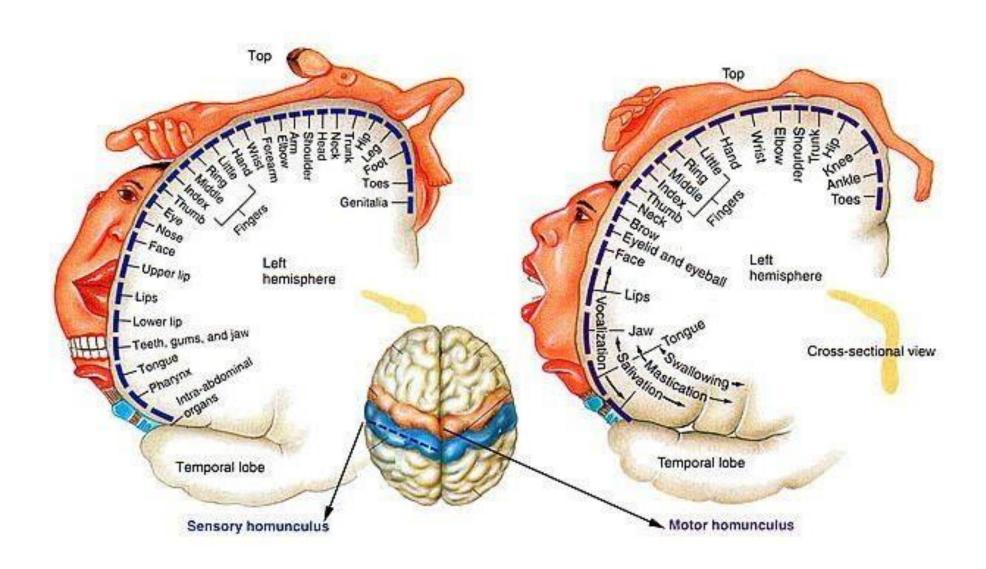


### The Body Map



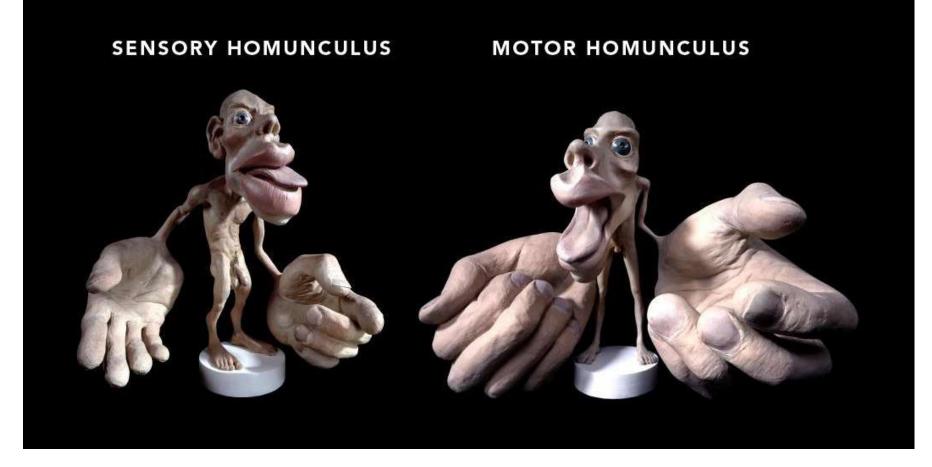
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#### The Body Map



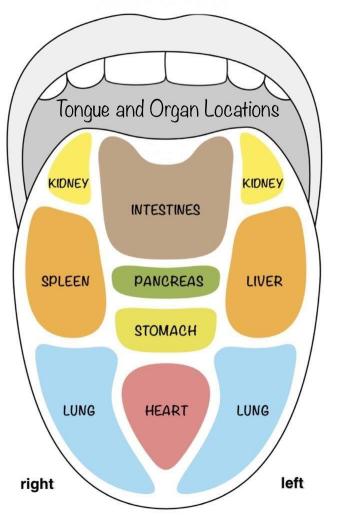
# 3-D sensory and motor homunculus models at the Natural History

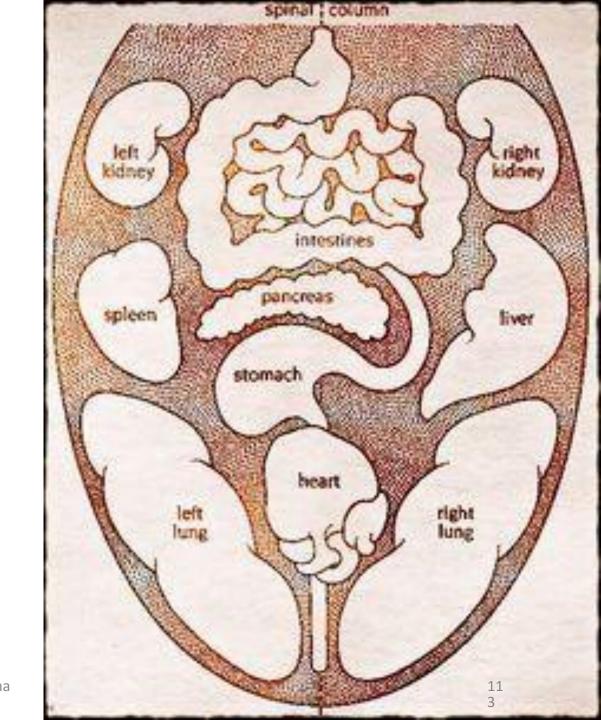
The sensory receptors in your body are distributed unevenly. They are densely concentrated in the body parts where you need high acuity and dexterity, and sparse in parts where superior sensory resolution isn't paramount.



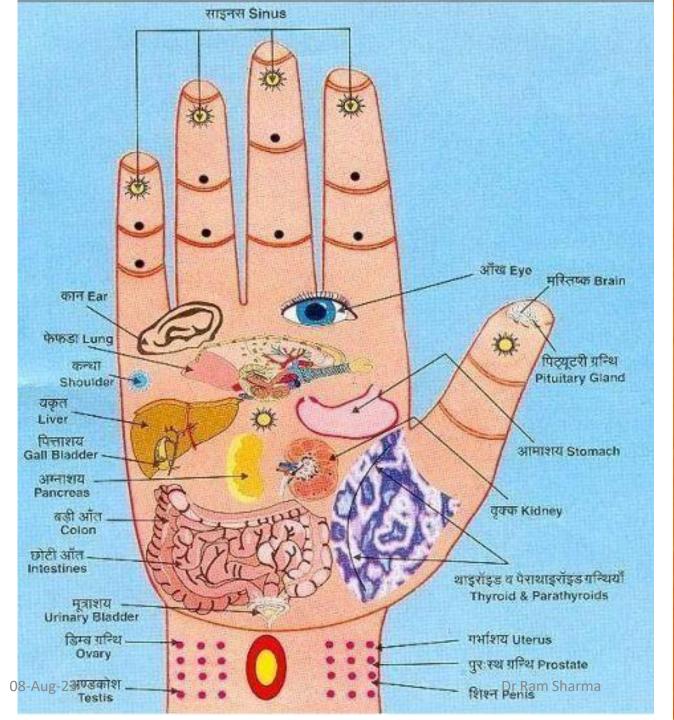
## Body Mapping: Ayurveda

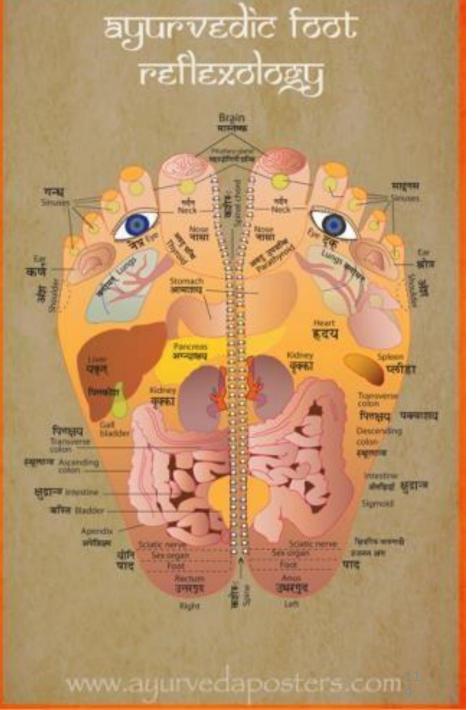
## Tongue Mapping





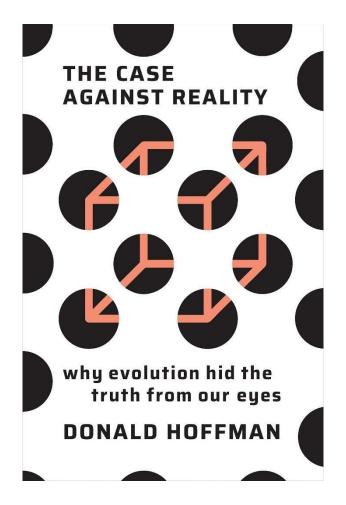
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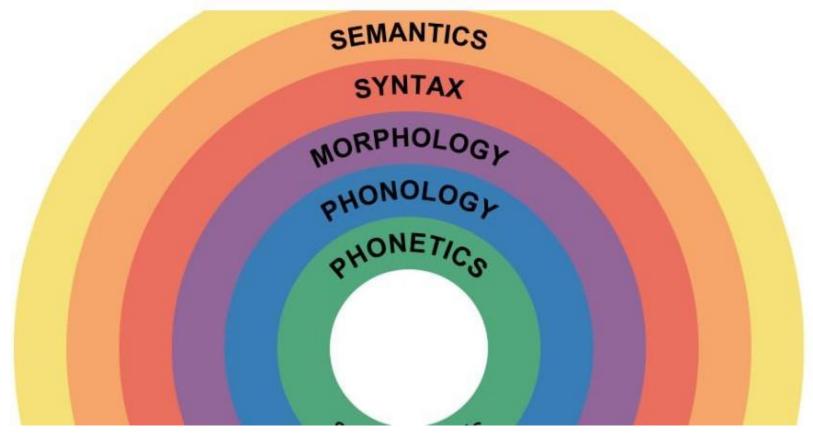
## 6. REALITY Science is catching up to these Five Levels of Vedic Sciences

We do not see reality as it is, but filtered by our senses.



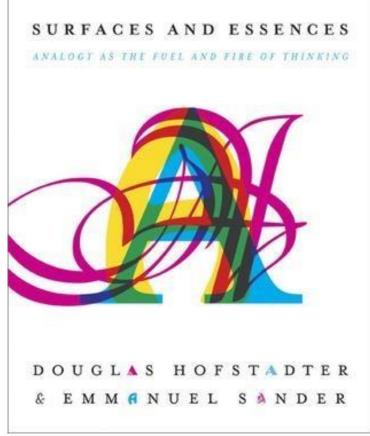


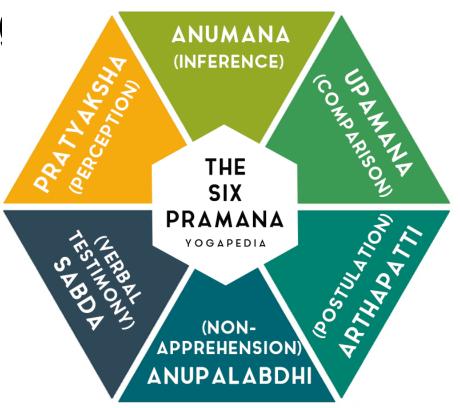
## 2. 8. Linguistic .



Pramanas Science is Science is

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#### The Psychedelic Revolution Is Coming. Psychiatry May Never Be the Same.

Psilocybin and MDMA are poised to be the hottest new therapeutics since Prozac. Universities want in, and so does Wall Street. Some worry a push to loosen access could bring unintended consequences.





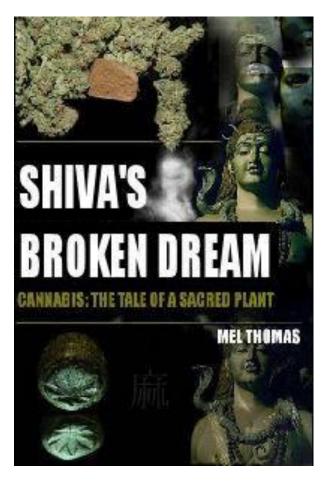




By Andrew Jacobs

May 9, 2021

A dose of psilocybin, at the Center for Psychedelic and Consciousness Research at Johns Hopkins. Matt Roth for The Clousness New York Times SHIVA'S BROKEN DREAM CANNABIS: THE TALE OF A SACRED PLANT **MELTHOMAS** 



08-Aug-23

#### Indic Framework:

#### **Five Levels of Experience**

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## IKS FRAMEWORK

Itihaas vs History Manas vs Mind Loka vs Planet Bhava vs Mood

